

Mental Health Technician

INDUSTRY FACTS



What do mental health technicians do?

Mental health technicians are excellent listeners who possess strong observational skills and a solid understanding of what it takes to treat individuals with mental health conditions. Here's a breakdown of their responsibilities:

- Leading patients in therapeutic and recreational activities
- Observing behavior
- Listening to patient concerns
- Assisting with daily activities like eating and bathing

Where do they work?

Mental health technicians work in a variety of environments that range from psychiatric and substance abuse hospitals to outpatient care facilities.



How much do they earn?

According to the U.S. Bureau of Labor and Statistics, the average salary for this role is \$42,200*. Remember that salaries vary based on location, facility, and experience level.

How's the job outlook?

Employment of mental health technicians is projected to grow 13% through 2033, much faster than other occupations.*

* Bureau of Labor Statistics, U.S. Department of Labor. "Psychiatric Technicians and Aides" Occupational Outlook Handbook. Accessed April 22, 2025.

Statements found in the United States Department of Labor Occupational Outlook Handbook are not a guarantee of any post-graduation salary, in part because the data used to create the Occupational Outlook Handbook includes workers from differing educational backgrounds, levels of experience, and geographic areas of the country.

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PROGRAM DETAILS

Prepare For A Better Job

Train affordably without sacrificing quality. This program's comprehensive training was developed by industry professionals with years of experience – specifically designed to help you prepare for the American Association of Psychiatric Technicians (AAPT) and Certified Electronic Health Records Specialist (CEHRS) certification exams.

Learn Your Way (From Home)

With online training, you can absorb more knowledge and learn more skills—fast.

- Study on a schedule that fits your life
- Progress at a pace that matches your learning style
- Adjust the time and effort you devote to your coursework each day

Receive Coaching and Guidance

When you train with CareerStep, we back you every step of the way—from enrollment through course completion.

- Learner support
- Technical support
- Career support (interview coaching and resume reviews)

Get Certified

We'll help you prepare to take nationally recognized exams so you can explore greater opportunities in your area.

- **American Association of Psychiatric Technicians Level 1 (AAPT)**
- **Certified Electronic Health Records Specialist (CEHRS)**

Program Courses

Course Name
Program Orientation: Mental Health Technician
Fundamentals of HIPAA
Communication and Customer Service in the Healthcare Office
Patient Care Coordination and Education
Comprehensive Medical Terminology
Pharmacology Basics for Medical Assisting
Infection Control
Testing and Laboratory Procedures
Medical Administrative Assistant
EKG and Cardiovascular
Comprehensive Electronic Health Records
Psychology and Psychiatric Disorders
Program Completion: Mental Health Technician